

Patient information for COVID-19 tested

For patients in assessment clinics and testing clinics

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You have been swabbed for SARS-CoV-2 (coronavirus) in one of the Region of Southern Denmark's assessment and testing clinics. Here you can read how to get your test result and how to proceed.

This is how to get the test result

You must log onto sundhed.dk yourself using your NemID, where you can see the result of your test.

If you do not have NemID, contact your own doctor. The vast majority will receive the results within 24-72 hours after the test is done.

If you were tested because you have symptoms of COVID-19, stay at home, and avoid close contact with others until you get a result.

If the test result is negative

If the test result is negative, no coronavirus has been detected when you were tested. However, a negative test result does not completely rule out the possibility that you may have coronavirus (false negative), nor does it rule out that you may be infected later.

You should, therefore, contact your own doctor/ the on-call doctor if symptoms worsen and/or if you have symptoms over a longer period of time.

You must continue to follow the recommendations and advice of the authorities concerning the prevention of infection. Read more at sst.dk/corona.

If the test result is positive

If the test result is positive, you are infected with coronavirus.

To minimize the risk of spread of infection, you must take the following precautions in accordance with the Danish Health and Medicines Authority's guidelines:

- Stay at home in isolation until you are considered infection-free (without symptoms for 48 hours).
- If you tested positive but do not have symptoms, you should be in isolation for 7 days from the time of the test. If you develop symptoms during that period, you must remain in isolation until you are symptom-free for 48 hours.
- Avoid close contact with others. Get others to help you with e.g. shopping and keep a distance from people in your household.
- Pay special attention to good hand hygiene.
- Pay special attention to frequent cleaning, especially of contact points e.g. handles.

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If the test result is inconclusive

If nothing can be concluded from your swab (the swab is inconclusive), you must have a new swab.

You must, therefore, contact your own doctor or the on-call doctor for a new appointment.

You will be contacted if you are infected with coronavirus

If you tested positive for coronavirus it is important, that all people you have been in close contact with during your infectious period, are informed about the fact that you are infected. This is called "contact tracking" and it is an important tool in regards to preventing the spread of infection.

If your test result is positive, you will receive a call from "Coronaopsporing" (corona tracking), which is a unit under the Danish Patient Safety Authority. They will assist you in tracking your close contacts.

Close contacts are for instance people with whom you are living, have had direct physical contact or people whom you have had close "face-to-face" contact with, within a radius of 1 meter for more than 15 minutes (e.g. during a conversation with said person).

You may choose to contact your close contacts yourself, or you may choose to let "Coronaopsporing" contact them.

Not sure what to do? Then contact "Coronaopsporing" on 32 32 05 11.

Worsening symptoms

In case your symptoms worsen e.g. increasing fever, cough, and difficulty breathing, this may be signs of more severe COVID-19. Therefore, contact your own doctor or the on-call doctor immediately.

Symptoms

Symptoms that may raise suspicion that you are infected with coronavirus:

- Fever
- Cough
- Sore throat
- Headache
- Muscle aches
- Shortness of breath

You can read more at coronasmitte.dk